



The Nor'Wester

The Newsletter of the Rotary Club of Halifax Northwest

"The Friendly Club"

www.rotaryclubhalifaxnw.org

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Volume 2
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April 7, 2010

Program Schedule

April 14, 2010 Lunch Meeting

Speaker:
Classification talk
by Robert
Shepherd.
Introduction by
Reid Shepherd.

April 21, 2010 Assembly

Discussion and
approval of new
By-laws

April 28, 2010 Club Fellowship

May 5, 2010
Lunch Meeting
Speaker: Anton
Smith. US Consul
General. Intro:
Steve Beaufoy/Dale
Croxy

May 12, 2010
Lunch Meeting
Speakers: Group
Study Exchange
from Australia

May 19, 2010
Lunch Meeting
Speaker: Bonnie
Caldarozzi. Her
introduction to the
Club and the Club's
direction

May 26, 2010
Club Fellowship



Guest Speaker Steve Foran

administration and operation of The Rotary Foundation. Participation is free, but a good internet connection is essential.

Sad News and Good News - John Williamson told us of the death last week of Guy Lebel, a charter member of the club. In contrast to that we were able to congratulate current member Ed. Goss for his recent appointment as a Trustee of the "Canadian Naval Memorial Trust - HMCS Sackville" which is dedicated to the preservation of "Sackville" and the heritage of the Canadian Navy, especially as it relates to WW2. You too may become a trustee by making a minimum annual donation to the Trust and thereby assist in preserving this significant heritage so closely bound to Halifax. Trusteeship brings several privileges including subscription to "Action Stations", a very interesting periodical, free access to "Sackville", welcome to Friday lunch and other events aboard, donation receipts for tax relief and of course entitlement to vote. There are also opportunities for volunteer work on the ship - perhaps a group of "Nor'westers" might be interested in offering a hands-on project there. Speak to Ed or John.

2010 – 2011 Club Budget - As incoming club treasurer, Marlene asked that all committee chairs give thought to their operating financial requirements for the new year. She will be asking for the figures very soon.

Daffodils for Cancer:

Just a reminder that at the end of next week, April 15, 16 and 17, we are committed to selling daffodils for cancer at Sobeys' Store in Clayton Park. If you have forgotten your time slot just go the home page of the club's website, or read the Nor'Wester, and if you want to help Don fill in the five vacant time slots, give him a call or send him an e-mail. Remember, unless you are dead, dying or out of town, you have to be there.

Guest Speaker:

Gratitude is the prime motivation for giving, so preaches our Guest Speaker, Steve Foran. His message is

MOTIVATIONAL SPEAKER, STEVE FORAN HEADLINES GENERAL MEETING APRIL 7, 2010

Pres. Ab dinged the bell today and to be original he asked Don Hunt to lead the anthem. Don you are on a par with the experts John and Dick. Then Pres. Ab. added a pleasing and original grace, equal to those of expert, Bill Day.

It was a good start to a relatively quiet but never the less enjoyable meeting for the 21 members present together with our Guest Speaker, Steve Foran, and a guest of Ellen, Bally (?) Thum, a past high school teacher and new doctoral scholar.

Announcements:

In keeping with the quiet tone of the meeting only three members stood to announce.

Rotary Foundation Training - Past Pres. Dick announced that he would be announcing later today, via our website mass mailing, details of two on-line training sessions on April 8th. and 13th. about changes to the

**Canadian Cancer Society
Daffodil Sale
Clayton Park Sobeyes
APR. 15, 16 & 17**



ROTARY VOLUNTEER LIST

Thursday, 15 Apr.

11:00 am to 1:00 pm

- 1 DON HUNT 497 9779
- 2 BILL DAY 477 8575

1:00 pm to 3:00 pm

- 1 ALEX DUNBAR 443 8169
- 2 AL SHATFORD 823 2585

3:00 pm to 5:00 pm

- 1 JOHN WILLIAMSON 455 1409
- 2 PAT WILLIAMSON 455 1409

5:00 pm to 7:00 pm

- 1 STAN FERGUSON 483 7825
- 2 ROSE HOPKINS 471 4512

7:00 pm to 9:00 pm

- 1 HEMANTA DATTA 405 2175
- 2 MOE MUISE 456 6473

Friday, 16 Apr.

11:00 am to 1:00 pm

- 1 TERRY SIMMS 443 0896
- 2 DAVE CARNELL 420 1724

1:00 pm to 3:00 pm

- 1 ED GOSS 434 8095
- 2 SALLY GOSS 434 8095

3:00 pm to 5:00 pm

- 1 DICK HODGSON 477 2925
- 2 GORDON KYLE 477 9699

5:00 pm to 7:00 pm

- 1
- 2

7:00 pm to 9:00 pm

- 1 KURT SCHOLZ 457 3085
- 2

Saturday, 17 Apr.

11:00 am to 1:00 pm

- 1 MARLENE MOORE 466 6475
- 2 RON SWAN 462 0316

1:00 pm to 3:00 pm

- 1 KUBILAY GONUL 240 2331
- 2 JOHN DENMAN 820 3300

3:00 pm to 5:00 pm

- 1 DOUG GREGORY 880 2185
- 2 STEVE BEAUFOY 444 0930

5:00 pm to 7:00 pm

- 1 BILL LEGGE 445 1008
- 2 AB ASAFF 468 5264

7:00 pm to 9:00 pm

- 1
- 2

Contacts

Rotary

Don Hunt 497 9779 cell

Cdn Cancer Society

Gwendolyn MacLean 449 2020 cell

Gwendolyn MacLean 425 6959 home

that building upon gratitude dismantles entitlement, develops generosity, builds engagement and recognizes the ability of every individual to shape the course of history. Starting his working life as an MBA - Professional Electrical Engineer, Steve is now a motivational speaker, author and thought leader in the field of gratitude, having researched, spoken and written on the subject since 2004. He helps individuals and business leaders understand how they can change and inspire through gratitude. He also lectures at St Mary's University on business ethics and is a regular business columnist with the Chronicle Herald.

Steve started his presentation by telling us about the first 40 years of his life and career, and how he came to the realization that he needed to give in gratitude for all that he had received; benefits which he did not create. He compared his response to a flowing conduit which has to give out what it receives in, otherwise it becomes akin to the Dead Sea which has no outlet. He stressed that we do not need power, influence or wealth to become givers; we simply need to recognize and respond gratefully to, in whatever capacity we can, the natural, physical and social benefits that accrue to us in different ways.

Steve was introduced by our own motivational speaker, Marlene Moore, and thanked by an equally perceptive thinker, Past Pres. Dick.

If you want to know more about Steve Foran and his work go to his website

www.giveraising.com

50/50 Card Draw:

Gordon was away so Bill Legge wore the apron so to speak. If he was wearing one it was a see-through because no one saw it !!. Bill asked Marlene to draw the ticket. Ellen claimed ownership but won only \$5.00. The pot is mounting folks. According to the financial report distributed at the Assembly a week ago there will be more than \$800 for the lucky winner.

Anniversaries and Birthdays:

No Wedding Anniversaries are being celebrated in the coming week but Happy Birthday wishes are due Dianne Beaufoy, Hatiche Gonal and Fran Power, all on April 12th.

Watch What You Graduate As:

The graduate with a science degree asks " Why does it work ? "
 The graduate with an engineering degree asks " How does it work ? "
 The graduate with an accounting degree asks " How much does it cost ? "
 The graduate with a liberal arts degree asks " Do you want French fries with that ? "

**I asked my wife if old men wear boxers or briefs?
She said Depends.**

www.pmcaregivers.com/Humor.htm